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For Immediate Release

DR. KERI CHIAPPINO HOSTS AWARENESS LECTURE ON HOLISTIC THERAPIES FOR AUTISM SYMPTOMS

Presentation Offers Hope for a Drug-Free Life for the 1 in 68 Affected by Autism

Smithtown, NY (April 11, 2014) -- Autism is on the rise in the U.S. The CDC now estimates that 1 in 68 children are currently diagnosed with this neurobiological disorder, an increase of almost 30% from just two years ago. In recognition of Autism Awareness Month, Dr. Keri Chiappino DC, DACNB BCN, is hosting an educational workshop on non-drug therapies to combat symptoms of Autism Spectrum Disorders (ASD) for those seeking holistic healing therapies for their children.

“Building a Better Brain with Neurofeedback” will be held Monday, April 21 at 7:30pm in the New Life Wellness Center’s Smithtown office. The lecture will address the repetitive behaviors frequently exhibited by those on the spectrum, commonly referred to as “stimming” as well as impulsivity and other behavioral issues. Parents and caregivers will gain an understanding of why their child adopts specific ritualistic behaviors and learn about tools to better manage symptoms.

According to Dr. Chiappino, “Underlying brain-wave dysregulation often triggers rocking, hand flapping, spinning and other repetitive behaviors seen in those individuals with autism. While these behaviors may help reduce external stress when the sensory world becomes overwhelming, they tend to be disruptive and become an obsessive ritual that interferes with learning and socialization. Brain-based exercises, such as neurofeedback can help retrain these abnormal brain-wave patterns and help overcome stimming, spinning and swaying. Diet and nutritional supplementing also play an important role in the overall therapy plan.”

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“My lecture is aimed at those who are concerned with the side effects of psychotropic drugs or who wish an alternative to a lifetime dependence on these medications. Parents and caregivers will learn there is a viable, effective and evidence-based path toward achieving a child’s optimal learning potential that is natural, produces no negative side effects and can be long-lasting.”

Reservations are required as seating is limited. A \$10 lecture fee is requested at registration which will be donated in its entirety to benefit a local Special Education Parent Teachers Association (SEPTA). All attendees will be entered into a raffle for a free [QEEG](#) (quantitative electroencephalogram) brain map session (\$150 value). Call the office at 631.265.1223 to reserve your seat.

About New Life Wellness Center and Dr. Keri Chiappino

Dr. Keri Chiappino, DC DACNB BCN is a board-certified Chiropractic Neurologist and authorized BrainCore neurofeedback provider specializing in neurological disorders. She began working with children and teaching colleagues while serving as President of Life University’s Pediatrics Club and is dedicated to improving the health and quality of life for children on the spectrum. New Life Wellness Center, a private practice co-owned with her husband Dr. W. Brent Reynolds, provides a wide range of holistic brain-based therapies including BrainCore neurofeedback for the entire family. New Life Wellness and BrainCore centers are located in NYC (Upper West Side) and Long Island.

For more information, contact the Smithtown, Long Island office at 631.265.1223 or the Manhattan office at 212.721.1188; visit us at www.newlifechiropractic.com, Facebook: www.facebook.com/newlifechi, Twitter: <https://twitter.com/DrChiroNeuro>.

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